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suffered an injury during training and is reunable to fight Stipe Miocic, the UFC's interim champion. MMA CEO Dana White said on social media Tuesday: Here's what you need to know: White said Nelson's injury is a pectoral tendon tear, which is a common injury in wrestling. He said Nelson is expected to return to training in a few weeks.

from Pectoral Injury: A pectoral tendon tear is a common injury in wrestling. It occurs when the tendon that connects the chest muscle to the humerus tears. This can happen during a wrestling move or a fall. The injury is usually treated with rest and physical therapy. In some cases, surgery may be required. The recovery time can be several weeks to several months.

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