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The most delectable treat of the summer: Paletas! This delicious dessert finds its origins in Mexico and has spread through the world. It consists on a frozen snack made out of fruits and other healthy ingredients. It can be combined with milk creating a creamy variation of the original recipes.

What is a Paleta? [pepitospaletas](#) : ... [O O bet365](#)

Paletas (from the Spanish word palo, meaning wooden stick or padd) Tj T\* BT

eshing fruit treat, even in the US when I lived near Mexican communities.

[Paletas -The Mexican Popsicle and the Village that Could](#)

[pinaazulcookingschool](#) : single-post : 2012/03/11 : paletas-the-...

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Once you find a card that radiates with energy or power, take it out of the deck. You can pull one or three cards at a time. I prefer to pull three to tell a whole story. Being that we all have different relationships with each card, the connection you feel with it will best explain the information being shown to you.

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