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Pel relegado pela primeira vez. Palmeiras vence um campeonato de Liga Brasileira, Santos;

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Krav Maga's emphasis on real-world self-defense and potentially lethal techniques makes it less suitable for the regulated environment of MMA competition. 1. Krav maga techniques are designed for survival and often escape rather than "victory" or dominance.

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span>If Krav Maga is so effective, why is it not featured in MMA fights? - Quora

quora : If-Krav-Maga-is-so-effective-why-is-it-not-featured-in-...</div></div>

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Because well taught Krav Maga is so comprehensive in what it teaches, it makes it very effective in a street fight situation; where anything can happen (it's also why you really need an inst) Tj T* BT